



BECOME AN ECODIVER

Duration: 2 Weeks

Includes: 5 Courses - 5 Certifications, 3 Yoga Sessions, 13 Nights Accommodation

The Ecodiver Challenge is designed for today's discerning travellers & divers who are concerned about the world we live in. This 2 week program allows you to learn to scuba dive and use that skill to develop a more in depth understanding of the aquatic environment and in turn helping to preserve the aquatic environment for future generations of divers & water lovers.

Arriving on Koh Tao you'll first have to learn how to dive. You'll partake in PADI's introductory course, the Open Water Diver Course followed soon after by the Advanced Open Water Course. Your dive training will continue at a leisurely pace as you gain experience in the underwater world fine tuning your skills.

A PADI Peak Performance Buoyancy Specialty course will be a prerequisite to your Ecodiver Course a week long program supported by Reef Check International. After being certified an Ecodiver you will be able to participate in surveys to collate data and monitor the ongoing health of our planets coral reefs. A PADI Project Aware Specialty course is conducted alongside the Reef Check Program which helps by providing a thorough understanding of the marine environments, what threatens them, & what you can do to ensure the healthy survival.

Interspersed with your time in Koh Tao you will have some free time to explore the island and delve into the local culture. Engaging the body in Yoga we have scheduled three sessions over the course of your two weeks to tantalise the soul during your stay in the tropics.

Accommodation is included as part of your package. The accommodation is close to your training facility & will be basic but comfortable for the duration of your stay. The schedule is flexible allowing you to enjoy your stay & learn at your own pace in this beautiful tropical environment.

TENTATIVE SCHEDULE

WEEK ONE

Arrival Orientation – Soon after arrival we'll give you a thorough introduction to your two week Ecodiver Vacation including distribution of learning materials and development of an appropriate schedule for you.

PADI Open Water Diver Course (4 Days) – This is PADI's introductory level diver training course that will teach you all you need to know to safely manage yourself whilst diving in the Open Water.

PADI Advanced Open Diver Water (2 Days) – PADI's Advanced Open Water Course builds on your basic training allowing you to develop greater confidence in, & understanding of the aquatic environment.

Yoga – With our resident yoga teacher we'll include a session of yoga suited to your level. (1 Session)

WEEK TWO

PADI Peak Performance Buoyancy Specialty Course – Once you have learnt the basics Buoyancy becomes the most important skill you need to master. Good buoyancy helps you protect the environment while seeing & exploring more of the aquatic realm.

Reef Check Ecodiver Course including Project Aware Specialty Course – The Reef Check Ecodiver course will train your focus on the health of the reef and the aquatic realm in general. The Project Aware specialty course is an ideal juxtaposition for the Reef Check Ecodiver course. The Reef Check course teaches you to collate scientific data using a standardised methodology which will help in monitoring the health of the reef so that trends can be identified. The certification allows you to join volunteer teams monitoring coral reefs around the world.

Yoga – With our resident yoga teacher you'll continue to develop your knowledge & skills with further sessions of yoga suited to your level. (2 Sessions)

Notes:

- This itinerary is flexible and may be reorganised for logistical reasons.
- Participants have the option to become more involved in any number of activities depending on individual interests & time constraints
- Should you need some help we would be pleased to assist with travel arrangements to Koh Tao

Price: US\$1590 - Thai Baht 47,900

PRICE INCLUDES:

- All teaching materials (Dive course manuals, tables and other equipment as required)
- Full Certification for listed courses
- All dive equipment (participants will be encouraged to purchase their own equipment and we can assist you with this)
- 13 nights accommodation (Additional nights charged at 600 baht per night)

For more information on details that may not be included above please email us at nath@ecokohato.com